

## 1) Why You Should Seriously Think About HGH

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HGH has caused quite uproar recently, not a negative but a positive one. Why so? Because to some people, it is the nearest that they can get to the fountain of youth.

The fountain of youth is supposed to be a spring that restores the youth of anyone who drinks from it. Unfortunately after centuries of searching for it, no one was lucky enough to find it. It remained to be a legend, another myth making the concept eternal youth a bit impossible.

Since eternal youth is technically unachievable, almost everybody is out to find the next best thing that would allow us to age gracefully. And after almost 60 years, scientists have discovered the very thing that everybody is looking for: HGH.

The Human Growth Hormone is a peptide hormone produced by the pituitary gland. It is responsible for cell reproduction and as implied, growth. HGH is abundant in our body during our early years. This is why we undergo growth spurts during the first quarter of our life. Unfortunately, after the age of 25, the production of HGH starts to lessen significantly. This probably explains why we get wrinkles, sagging skin or bald spots as we grow older.

Luckily, with the currently technology, medical scientists found a way to induce our body to produce more HGH naturally. A number of HGH releasers are available in the market in the form of injectables. This early form did not really gain much popularity mainly because they were expensive. Only the rich and famous have the capability to maintain it. Given this circumstance, the market place realized the need to produce something cheaper and more accessible to the buying public. Thus, the release of Trans D Tropin.

Trans D Tropin comes in a Lotion forms that makes it easier and more convenient to take. It is rubbed onto the forearms 3 times a day for 5 days.

Okay, so you might be thinking what the fuss is all about. Obviously, this product seems to be something to feed vanity. But you are wrong, if the visible effects are not enough for you, here are some more reasons why people buy this.

1. It strengthens your bones from the core by increasing calcium absorption thus lessening your risk for osteoporosis.
2. It lessens your susceptibility to common diseases by stimulating your immune system.
3. It helps you maintain your body functions as it stimulates the growth of important internal organs including the brain.
4. It helps increase sexual libido that usually declines due to old age.
5. It helps convert fat to energy which improves muscle mass and lesser probability of gaining weight.
6. For your peace of mind, Trans D Tropin is manufactured only from natural sources.

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## 2) The Mystery Of HGH. What Is Human Growth Hormone?

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Well, what is HGH really?

HGH is the acronym for Human Growth Hormone. It was discovered roughly a half century ago, but it wasn't until sometime in the 1970s that researchers and scientists actually figured out the job of HGH in the human body. For those in-between years, HGH remained an enigma compound? Even though it had been isolated in the human body, it remained a mystery substance.

First of all...

HGH is a protein compound, produced exclusively in one portion of the pituitary gland. Even after researchers knew the basics that it a protein and where the human body produced it there was argument over the part it played in the body. When researchers figured out that HGH had a significant role in regular growth, the race was on to figure out what the role was and how it could be used to assist those who faced issues with growth.

In simpler terms...

It's not a huge step between learning the role of HGH and using it as a treatment for kids who were not growing at a conventional rate. Increasing the quota of HGH for those children who otherwise may not have grown sufficiently to do the things normal adults do drive a car, for example became a way to positively affect the lives of those youngsters. But the early days of those treatments were restricted by researcher's capacity to successfully duplicate the HGH compound.

Incidentally...

At first, HGH was first exclusively accessible by collecting the HGH compound from the pituitary glands of cadavers. Post extraction, the natural human growth hormone had to be processed and injection was the only way to introduce further HGH into a person who required it. This type of human growth hormone supplement treatment was costly, time exhausting and limited. Only medical professionals could determine who should receive HGH therapy, and the known benefits were limited.

One of the first things discovered about HGH is that it's in the body of youthful children in abundance. As individuals got older, the HGH in their body decreased. While that sounds like a customary move in the course of aging, people soon thought to question whether increasing the amount of HGH in the body would be supportive also to older people.

Old as the hills?

HGH isn't the only compound in the body that decreases as we age. You've probably heard of some of the other significant proteins that are plentiful in young people but less abundant as we age. Estrogen, progesterone and testosterone are amongst those compounds that are sometimes



supplemented to help older people feel younger and healthier. The HGH protein compound is similarly beneficial as a dietary supplement.

But why would HGH be beneficial to an adult? After all, most adults are attempting to part with weight, not grow, right? Actually, HGH has been discovered to help other adult issues as well. Anti aging is one of the benefits of HGH in adults. It can also drive more energy and enhance stamina.

Never put off until tomorrow what you can do today...

HGH supplements and HGH products are now available as HGH dietary supplements, so that you can take an HGH releaser as part of your daily supplement regimen.

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### **3) Human Growth Hormone - The Anti-Aging Miracle – Injections or Supplements?**

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Your body naturally makes human growth hormone (HGH) to help with growth and maintaining your body's tissues, bones and muscles throughout your life. The pituitary gland, which is considered the body's master gland is a small gland at the base of your brain that produces this hormone.

Since this gland is far more active in childhood than it is later in life there is a vital relationship between human growth hormone and the aging process. As the body produces and releases less and less HGH we begin to feel many undesirable symptoms, which we know as aging. These symptoms can include less energy, reduced muscle mass, more difficulty in exercising, increased body fat, decreased bone density, anxiety, moodiness, and many others.

Many clinical studies suggest that getting more of this hormone produced and released through our body may be able to reverse many of these aging symptoms. Studies have shown that HGH supplementation can increase bone density, increase muscle mass, decrease body fat and improve ability to exercise and reduce many other physical and mental symptoms of aging in adults who were previously deficient in HGH.

HGH can come in an injectable form that requires a prescription from a doctor and is very expensive and can run up to \$1,000 per month when you consider all the doctor's visits necessary to monitor your progress. The injectable form usually contains high levels of synthetic human growth hormone and is also obviously an invasive and quite unnatural therapy. A few of the least frightening side effects of these injections include joint pain carpal tunnel syndrome and fluid retention and in some cases the user's pituitary gland can stop working properly.

But what if we could get the body to produce more of its own, natural growth hormone like it did in our twenties and thirties through a natural, non-invasive means. This would truly be a miracle. And it has happened.

Instead of getting synthetic, intramuscular injections like many athletes do illegally to increase levels of growth hormone, scientists have found a way to provide the body with the precursors and secretagogues in order to support and maintain a healthy endocrine system that includes the release of human growth hormone by the body's master gland, pituitary gland.

So what are secretagogues and precursors?

According to the Wikipedia a secretagogue is a substance which causes another substance to be secreted. For instance the substance gastrin causes the secretion of gastric acid by the stomach. Any oral agent that is meant to assist the pituitary in the release more of your body's own human growth hormone is referred to as a secretagogue.

According to the American Heritage Dictionary a precursor is A biochemical substance, such as an intermediate compound in a chain of enzymatic reactions, from which a more stable or definitive product is formed: a precursor of insulin. In other words if you give the body a nutrient which will help it produce a needed substance such as HGH that nutrient could be called an HGH precursor.

Some of the most powerful of these HGH secretagogues and precursors include: amino acids such as L-Lysine, L-Arginine, Ornithine, L-Glutamine, Gamma-Amino Butyric Acid (GABA) and Glycine. The vitamin niacin has also been found to be a proven HGH releaser.

It is important to have the right formulation and quality of these supplements to have them act as secretagogues so you know you are getting the best benefits possible. Just adding these ingredients in random amounts will not be effective you need a well researched formulation of these substances.

By supplying the body with the proper nutrients you can help it produce this incredibly valuable hormone and increase your body's strength, decrease body fat and feel and look younger. You can get that anti-aging miracle.

Please note that this article is in no way to be construed as medical advice.

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#### **4) Human Growth Hormone Supplement To Reverse Aging**

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Our natural human growth hormone or hgh is known to have many benefits such as maintaining bone density, increase muscle mass, increase in overall energy, better sports performance, regulates body weight and immune system protection amongst many other benefits.

On the medical health side, the hormone also helps to prevent osteoporosis, lowers blood pressure, improves libido and sex drive and regulates cholesterol levels. As for those of us who are concerned with aging gracefully, this amazing hormone improves skin elasticity and thus keeps wrinkles at bay and prevents hair loss.

The problem is that as we age, our own natural production of human growth hormone declines



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correspondingly. That is why we look older and begin to develop age related medical conditions. Some scientists believe that its declining levels as human beings grow older is the leading cause of the aging process and even death.

This is the reason why human growth hormone supplements are marketed as an anti-aging miracle drug. However, human growth hormone therapy must be administered by medical professionals as there are side effects. Furthermore, the therapies are expensive and are usually out of the common man's budget.

The good news is that instead of injecting synthetic hgh into the bloodstream, there are natural herbs that can induce our bodies to produce more of our natural growth hormones naturally. With modern science, these herbs are now made into capsules or pills and is available to anyone who wants to take it as a health supplement.

Of course, the result will not be as effective as the synthetic injections, but the advantages are that there are no side effects because they are your natural hormones being produced in larger quantities by yourself and also these supplements are much cheaper.



The research into hgh is very exciting, especially for those of us above 40 years old and starting to experience the ravages of the time and the aging process. It is now hoped that modern science can soon discover a way that supplementing with Hgh will not only slow down aging, but actually reverse the aging process.

When that can be done, growing older will take on a very much different perspective. People will live longer because age related diseases will be kept at bay. Many of the problems associated with aging will disappear and thus massive savings in

healthcare is a possibility.

Until that day comes, many rich and famous people including top politicians, film stars and entertainers who need to look good are already on hgh therapies to be in tip top shape despite their age. They may not be able to reverse their biological age just yet, but they are certainly slowing down the aging process by some say, up to 20 years.

For those who are unable to afford or who do not want to risk the side effects from synthetic hormone injections can opt for the natural herbal pills to induce more hgh production from your pituitary glands. Who does not want to look and feel younger full of vigor? I do, do you?

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## 5) Best HGH - Trans D Tropin

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Once you near your 40s, you're most likely to feel the first few signs of aging. This is the reason why a lot of people look for the best hgh remedies. Human Growth Hormone or hgh is produced by our pituitary glands to counter the effects of aging. These include thinning or graying hair, poor bone density, lower metabolism, and wrinkled or spotted skin.

Unfortunately for most of us, HGH levels depreciate at age 25 and up. Once you're 40, you're practically stripped of your human growth hormones, and it will show. Your energy level's down, you're unable to control your cholesterol levels, you gain weight and lose interest in sexual intercourse, and you start losing your memory as well.

While some people think that the best hgh remedies can only be afforded by the rich, recent technological advances have already made it possible for ordinary people to stay young and good looking as well. You no longer need to pay for costly hgh injections to keep your face and body young these days. Now, there are oral supplements that stimulate your body to produce its own HGH again, and they're very affordable. The best one in the market is Trans D Tropin, and it's even being offered with a free trial box by most distributors.

How Trans D Tropin can make your life better

Trans D Tropin is safe and recommended by many physicians because it's an all-natural product which gives the patients little or no side effects. You'll notice that once you reach your 40s, everything just seems to sag, and that's just the external manifestation of aging. From the inside, your body feels the strain too. You start losing your memory, your bones start to get weaker, you suffer from osteoporosis, short breaths, high cholesterol levels, and many other complications that make life seem intolerable. A lot of people wish that they never had to age a year once they're in their 20s. They wish they could have as much fun as before, and they slowly sink into depression because of their age symptoms.

HGH stimulating supplement Trans D Tropin can counter all of these nasty aging symptoms with regular use. You'll find that you're able to remember things better, move better, and feel better once you use this supplement. It's available in drug stores without a prescription because it's very safe to use. It might even help you get over your medical ailments in no time.

Just preventive?

While Trans D Tropin prevents the signs of aging as well, it's not exclusively for the younger consumers. Even if you're already in your 50s and 60s, you can still reap the benefits of Trans D Tropin. Satisfied customers testify that they could feel their age reversing, quite literally. You can feel up to 10 years younger than your actual age when you take this supplement. For example, if you already have fine lines in your face showing, Trans D Tropin doesn't just stop this symptom from progressing. It also makes your skin firmer and significantly smoother. You say that you're in your 40s already? People will think that you're just in your early 30s with continued use of this product.

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